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"Resonant Dumpster," which explores different types of elasticity, by Aki Sasamoto, in the "Yield Point" exhibition at the art gallery of the Kitchen. Vincent Tullo for The New York Times

THE KITCHEN This is one of New York's most august venues for performance art and dance, but a less trafficked [art gallery](#), one steep flight up from the Kitchen's black-box theater, consistently stages some of Chelsea's smartest shows. The current exhibition, "Yield Point," by the sly Japanese artist Aki Sasamoto, explores various kinds of elasticity: A high-definition video features a tensile testing machine that stretches plastic like bubble gum, while a baffling installation displays an upright trampoline and electroluminescent wire stretched across a Dumpster. (There are also walnuts. Search me.) Ms. Sasamoto has been performing within the exhibition throughout the run: Catch her solo this Saturday at 6 p.m., or next week with the polished Sudanese singer AlSarah.