

Just around the corner at 130 Tenth Avenue (at 18th Street)

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ESCARGOT AU COGNAC SAUTE SHITAKE MUSHROOMS 55D VEAL SWEETEREADS VINNIGRETTE 6LA LIL HOUSE SALAD 450 MABINATED BEET SALAD 5BANSED LEEK AND LENTILS SALAD 5GRAT CHEEKE IN PUFF PATRY WITH GRENTY ARUCULA SALAD 450 ROAST HAIR FREERINGE CHICKEN WITH THE SALAD 650 ROAST HAIR FREERINGE CHICKEN WITH THE SALAD 150 STEAK AU POUNDE OR BOCCUMISE 1850 FILET OF SALMON WITH SARRIL ENGON GARGE WHOLE TROAT WITH SARRIAD ELEMON GARGE WHOLE TROAT WITH SARRIAD 1850 WINDE TROAT WITH SARRIAD 1850

SAVE THE DATE!

Sunday, March 5th Kitchen Benefit

Robert Wilson

Call 212.255.5793 for details



THE KITCHEN VIDEO SHOW

Monday Nights 11:00 pm

Manhattan and Paragon Cable Channel 34

Manhattan Neighborhood Network

THE KITCHEN



The Kitchen Center for Video · Music · Dance
Performance · Film and Literature
512 West 19th Street
(between 10th and 11th Avenues)
New York City 10011
Telephone [212] 255-5793





Paula Cooper, Chie John L. Stownert, Vier Chair Willard Taylor, Vier Chair Casoline Soons, Serveters

As many of you know. The Kitchen has joined an international network of high technology cafes called Electronic Cafe International™. We will offer vanguard artists the tools to develop new forms through experimentation and collaboration with new media — particularly video teleconferencing. We hold monthly International Drumming Circles that can link with percussionists in Santa Monica, Paris and Rio. The next Circle will be on January 22 at 3pm. Ben Neill is curating Tone, monthly ambient music evenings. Our next evening will be on February 4. 1995

It is with great pride that I welcome you to enjoy the many levels of the Deep Listening Band. These artists have been - and continue to be -

a great inspiration for many of us. They are truly original thinkers and creators. We are very honored to present them here at the beginning of our

new year 1005 will be a profound year.

Robert Ashley Josefer Bartelet Gill B. Prisons Polipi Gliss Prison Lovin Sydney Lovin Jack Macme Meredith Mark Blashleth Mark Blashleth Mark Blashleth Grown Jodan Rull George Reja Anisa Downert Sarte Robert Store Robert Store Robert Store Robert Store

Beginning on January 20, our new curator Kathryn Greene will host a series of Hybrid Nights. A Hybrid Night is an evening of occurrences some last only minutes while others go on throughout the night. Each event interweaves performance, videos and visual arts in a cafe environment. Please come and join us!

Don't forget to watch The Kitchen Video Show every Monday night at 11pm on Manhattan and Paragon Cable Channel 34. Call David Azarch. our Media Director, for more details.

On March 5. Robert Wilson will fly in from Europe to host a special Benefit for The Kitchen. Please call us and leave your name and address. We will mail out invitiations shortly.

This marks the beginning of a whole new era for The Kitchen and the constituency of artists we are building around the world. Thank you for your support of Deep Listening Band this evening, and we hope to see you at The Kitchen again soon.

Happy, happy New Year.

512 Wast 19th Street New York City 1001 Executive Director

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THE KITCHEN and PAULINE OLIVEROS FOUNDATION INC.

Deep Listening Band

January 11-14, 1995

PAULINE OLIVEROS just tuned accordion, voice STUART DEMPSTER trombone, didieridu, voice DAVID GAMPER just tuned piano, winds, voice

with the EXPANDED INSTRUMENT SYSTEM

Technical Assistance and Recording BOR RIELECKI Piano Just Tuning MICHAEL HARRISON Lighting Design ALEX KAHN

For Pauline Oliveros Foundation Managing Director CHRISTINE AHERN Technical Development and Coordination DAVID GAMPER Deep Listening Catalog Manager ALBERT SHAHINIAN Administrative Assistant KIM HERRINGTON Project Manager ROBERT BACKUS

Pauline Oliveros Foundation is celebrating its tenth anniversary this year and wishes to extend special thanks to the following supporters: National Endowment for the Arts, New York State Council on the Arts, Mary Flagler Cary Charitable Trust, Higgins Foundation, Phaedrus Foundation

For The Kitchen

Music Curator BEN NEILL

Executive Producer LAUREN AMAZEEN Associate Producer JOHN MAXWELL HORRS

Production Coordinator CAT DOMIANO

Production Manager ALEX KAHN

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Special Thanks to MARY FLAGLER CARY CHARITABLE TRUST and VIRGIL THOMSON FOUNDATION

The Musicians

PAULINE OLIVEROS has performed worldwide on her just tuned accordion as a soloist and with Deep Listening Band. As a composer, her recent awards include the Bessie Award from Dance Theater Workshop for Contenders (1991), a work for Susan Marshall Dance Company; a Fellowship from the National Endowment for the Arts in 1992 for composing Epigraphs in the Time of AIDS for Deep Listening Band; and a grant from the Foundation for Contemporary Performance (1994) for her work. Her most recent compact disc, Pauline Oliveros & American Voices (1994), is already gathering critical acclaim. Njinga the Queen King (1992), a major music theater work, was created in collaboration with playwright/director Ione and presented during the Next Wave Festival at Brooklyn Academy of Music in December 1993. Oliveros' career and history as a new music pioneer date to the early 60's when she became the first Director of the Tape Music Center at Mills College. She then moved to a fourteen year stay at the University of California at San Diego, where she was a vital part of that institution's world-renowned new music program. Since 1981, Oliveros has been based in Kingston, New York. Seeking to support the creation, presentation and dissemination of new works, in 1985 she established Pauline Oliveros Foundation, Inc. — a non-profit program for the arts. Currently she is the president and co-artistic director. Oliveros is considered the originator of today's meditational music, and is the composer of Sonic Meditations and Deep Listening Pieces. Her music and philosophies have been an inspiration to all forms of meditative art.

STUART DEMPSTER, one of the world's finest virtuoso trombone players, reaches far beyond tradition to utilize the didjeridu, a flex garden hose and conch shells. A Guggenheim Fellow and faculty member of the University of Washington, he has written and composed extensively, and has recorded for numerous labels including Columbia, Nonesuch, and New Albion. His recording In the Great Abbey of Clement VI at Avignon has become, in the words of one reviewer, "a cult classic," and the portions of Washington State designated as "sound" landmarks in his State of Washington As A Musical Instrument (SWAMI) include the cistem featured in the Deep Listening compact disc. Dempster also soothes aches, pains, and psychic sores with his meditative and playful Sound Massage Parlor in which he massages the body with sound waves from his instruments.

DAVID GAMPER is especially concerned with music performance electronics. He received a BA in mathematics in 1967 from Bowdoin College, and returned there in 1969 to study composition with Elliott Schwartz and establish the electronic music studio at Bowdoin. He then went on to the University of California at San Diego where he studied composition with Pauline Oliveros and Roger Reynolds, and received his MA in music. He also worked at the new Project for Music Experiment as sound technician and performance electronics facilitator. After leaving UCSD, Gamper worked in Vermont as an electronic music studio designer, goat farmer, property tax assessor, town energy coordinator, advocate for community and responsive private philanthropy, grant maker for children and youth, director of a baroque recorder ensemble and at co-raising a percussionist with his wife, photographer Gisela Gamper. Since moving to New York in 1989, he has been performing and developing the Expanded Instrument System with Pauline Oliveros Foundation.

The Technology

The Expanded Instrument System (EIS) is an evolving sound processing environment dedicated to providing improvising musicians control over various interesting parameters of electronic transformation of their acoustic performances. Performers each have their own setup which includes their delay and ambiance processors, microphones, signal routing and mixing, and a computer which translates and displays control information from foot pedals and switches using custom software developed by David Gamper and Panaiotis. In addition, they have access to shared processing resources, such as a special digital signal processing computer. The musicians and their instruments are the sources of all the sounds, which they pick up by their microphones and subject to several kinds of pitch, time and spatial ambiance transformations and manipulations. No "electronic" sounds are used. The EIS at these performances was designed to be flexible enough to include guest artists, including those joining us remotely via the Electronic Cafe on Sunday.

Deep Listening Training

Since silence or relative silence is shrinking at an ever-accelerating rate, it seems more than ever necessary to call people to attention regarding outer and inner acoustimology. (Thanks to Steven Feld for the word "acoustimology.")

Deep Listening is a meditative exploration of forms of listening and sounding created and taught by Pauline Oliveros.

The training is designed to help people gain flexibility in as many forms of listening as possible. The training includes attention to breathing, exploration of unusual acoustic environments and phenomena, just listening, listening as an ensemble, strategies for creating and performing pieces, inventing instruments, using voices and found sounds, keeping a sound journal.

These sessions are for anyone who is interested in expanding and deepening respect and appreciation of one's own inner music and the possibilities for expressing it. The next Deep Listening Training session will be in New York City at the Pauline Oliveros Foundation Inc., 89 Chambers Street, from 11 am to 4 pm on February 5th. Phone 21,619,5726.

"For me, Deep Listening is a lifetime practice. The more I listen, the more I learn to listen. Deep Listening involves going below the surface of what is heard and also expanding to the whole field of sound, whatever one's usual focus might be. This is the way to connect with the acoustic environment and all that inhabits it."

-Pauline Oliveros

Sound Massage Parlor

18:

- · Stuart's scintillating sounds soothing psychic sores
- Dempster's didjeridu dutifully delivering direct Didjeriatsu
 Stu-art
- · Fusei* (foo-say-ee) meaning "Voice of the Wind" in Japanese
 - · Acuhosery —being enveloped by a kindly Kundalini
 - Didjeridervish—a didjeridoppler
 - · the trombone tooting tuneful tonics
 - audience answers
 crooning crowd choruses
 - eased energies
 - · Aura Fluff
 - a sonic facial or sound shower
 respectful requests
- *My artist name, given to me by my father-in-law.

Deep Listening Catalog

Formed in 1989, Deep Listening Publications expresses a commitment to music and sound works that transcend cultural boundaries and stretch the mind by making special and difficult to find works available through publication, promotion and direct mail distribution. A unique annotated artists' catalog curated by Pauline Oliveros includes not only CDs, records and tapes, but also scores, books, rare collectors' items, instructional materials, videotapes and essays. The catalog and items from the catalog (including Deep Listening Band CDs and T-shirts) are available for purchase in the lobby.

Deep Listening Band Background

The Deep Listening Band (DLB) arrived in Chicago late Sunday and early Monday (11 and 12 April 1992) just as the town was being evacuated from the great tunnel flood. What is it about the DLB that relates so well to water? The DLB was formed by accident 8 October 1988 while recording its award winning Deep Listening CD for New Albion Records in a two million gallon cistern with a reverberation time of 45 seconds on an old military base (Fort Worden) 70 miles northwest of Seattle. Dust a few months later the DLB was recording Troglodyte's Delight for QWhat Next? Records in an old military base (Fort Worden) 70 miles northwest of Seattle. Dust a few months later the DLB was recording Troglodyte's Delight for QWhat Next? Records in an old insetton equary (Tarpaper Cave) near Rosendale. New York which had lovely dripping water sounds and Valhalla-like mists. About a year and a half after that the DLB was once again in the cistern to record The Ready Made Boomerang CD released in January 1992, also on New Albion. This 'upstart Deep Listening Band worships in a cistern chapel (and) explores the mysterious spaces between notes, where all is sweet dissonance and beading microtones' according to Marc Weidenbaum in the April 1992 issue of Pluse!

In December of 1991 the Deep Listening Band went to perform in Jameos del Agua, a lovely concert space built in (wouldn't you just knowl) a lava cave on Lanzarote, the northermost Canary Island. By this time keyboardist David Gamper had been with the DLB for a year joining trombonist, Stuart Dempster, accordionist Pauline Oliveros and vocalist/computer wizard Panaiotis. One must recognize that they are all composers—in fact, the DLB is a composer collective—and the performance designations for current members do not begin to demonstrate each person's contributions: Dempster on conch shells, didjeridus and garden hose; Gamper on Expanded Instrument System (EIS) development, keyboards, and found instruments; Oliveros on accordion, voice, bells, and conch shells.

The DLB has regularly invited guests to perform. Dancer Julie Lyon Balliett, vocalist Thomasa Eckert, percussionists Fritz Hauser and George Marsh, writer Ione, performance artist Linda Montano, and clarinetist William O. Smith form only a small part of the guest list. Whether performing in San Francisco at Life On the Water (October 1990), in Austin with the Sharir Dance Company (March 1990) or the Ellen Fullman Long String Instrument (1994), in Brussels, Oslo, and Stockholm (April 1991), in New York and Lanzarote (December 1991), or Tokyo (December 1992) in a hall with over 700 loudspeakers in the walls and ceiling, the DLB stands ready to sink to new depths. The DLB doesn't play just anywhere!

Certainly an unexpected depth was reached with events leading up to Panaiotis' resignation in June 1993; the DLB had to reinvent itself. While this was going on, and unbeknownst to the DLB, a group at the "Alternative Festival" in Moscow led by Anton Bugatov played along with our Troglodyte's Delight CD in our first "virtual" concert; one could say they were DLB guests! Barely six months after the personnel change the DLB played a "monumental" (lone's description) benefit "Non-Stop Plight" concert in Kingston, New York in January 1994 inviting some 13 guest performers Modeled after the five hour Marathon in Japan)—the DLBB (Deep Listening Big Band)! Work then took place with composer Ellen Fullman and her Long String Instrument, and Band, (LSIB) in three separate week long residencies in Austin, Texas during January, February, and November culminating in several fantastic energizing performances. Pullman represents the fourth of six DLB commissions (other composers are Fritz Hauser, Linda Montano, Panaiotis, Pauline Oliveros, and Bakida Carroll). 1995 will see the release of a new DLB CD on Mode Records. Recorded in the beautiful Trinity United Methodist Church in Kingston, NY, it is called Deep Listening Sanctuary.

THE KITCHEN GRATEFULLY ACKNOWLEDGES THE SUPPORT OF THE FOLLOWING CONTRIBUTORS:

Maional Endowment for the Arts, New York State Council on the Arts; New York City Department of Cultural Affairs; American Express Maional Endowment for the Arts, New York State Council on the Arts; New York City Department of Cultural Affairs; American Express Companies; The Axe-Houghton Foundation; The Birsh Foundation of The Contemporary Performance Arts, Inc.; Aaron Copland Fund for Music; The Cowles Charitable Trust; Sage Fuller Cowles; Jean and Louis Dreyfus Foundation, Inc.; Edwards Foundation; The Howard Gilman Foundation; Funcis Greenburger Foundation; Apress Gund; The Harkness Foundations for Dance; Kohn Pedersen Fox; Manhattan Neighborhood Network; Materials for the Arts; Meet the Composer, Joyce Mertz-Gilmore Foundation; Morgan Guaranty Trust Company of New York; Robert Mundheim; National Alliance for Media Arts and Culture; The Dalle In Neidich and Brook Garber Neidich Foundation; The Overbrook Foundation; John Parkinson III; Philip Morris Companies Inc.; James E. Robison Foundation; The Rockefeller Foundation; Mikkel and Beth Salowant; The Far Fox and Leslie R. Samuels Foundation; Sandpiper Pund; The Shubert Foundation; The Overbrook Foundation, Lid.; The Issa and Rose Weinman Foundation, Inc.

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THE KITCHEN WISHES TO THANK JENNIFER TIPTON FOR HER GIFT OF THE FIRST FLOOR REPERTORY LIGHT PLOT

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THE KITCHEN and PAULINE OLIVEROS FOUNDATION INC.

present

Deep Listening Sound Massage January 10, 1995

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